

Trainingsplan Jugendabteilung SV 1930 Erbach/Ts. - Sportplatz Oberselters / Niederselters - Saison 2011/2012



| Uhrzeit | Montag | Dienstag | Mittwoch | Donnerstag | Freitag |
|-------------|--------|----------|----------|------------|---------|
| von bis | | | | | |
| 16:00 16:15 | | | | | |
| 16:15 16:30 | | | | | |
| 16:30 16:45 | | | | | |
| 16:45 17:00 | | | | | |
| 17:00 17:15 | | | | | |
| 17:15 17:30 | | | | | |
| 17:30 17:45 | B | C | | C | |
| 17:45 18:00 | | F / G | | | |
| 18:00 18:15 | Jugend | C | B | C | |
| 18:15 18:30 | | | | | |
| 18:30 18:45 | | | | | |
| 18:45 19:00 | | | | | |
| 19:00 19:15 | | | | | |
| 19:15 19:30 | | | | | |
| 19:30 19:45 | | | | | |
| 19:45 20:00 | | | | | |
| 20:00 20:15 | | | | | |